

## Education

### College Degree

International Relations (1994/1998) – Universidade Lusíada in Porto.

### Master Degree

International Relations (1998/2001) – Universidade Portucalense in Porto.

### PhD Degree

Ritualization of religious violence: Jihad and Islamic Terrorism – Tilburg University 2012- .

### National Defence Course

National Defence Institute, Ministry of Defence (2005/6).

### Proficiency

English as a foreign language (1999) – American Language Institute/ Michigan University, USA.

## Professional Training

Training Management and Training Operations level 3 of 3 (2007)

Recreational Skipper (2007)

Trainers Improvement to Equality of Opportunities (2005).

PowerPoint Expert (2005).

Pedagogical Training of Trainers (2002).

Human Resource Management (1999).

## Internship

### International House – Porto (2001 – 2002)

- Planning and Execution of the Portuguese Course: *A Experiência Portuguesa/ The Portuguese experience.*
- Teacher of Portuguese Language and Portuguese Culture (Nationals and foreigners).
- Consultancy
- Commercial planning and direct contact with international and national clients.

**Deutsche Bank** – (2004)

- Translations and Retranslations of English.

## Professional Experience:

### Study Journeys – London (2002)

- Lecturer R & D and Execution of Lectures – *The region of Douro and its social, political and economical importance to Portugal*. Given to Senior Citizens of the United States of America

### Instituto de Estudos Superiores Financeiros e Fiscais – Valadares (2004 -2005)

- Docent of Human Resources Management
- R&D of Learning Programme
- Lecturer
- Public Relations
- Organization of Seminars and Cultural Events

### EFACEC – Maia (2005)

- Docent of Advanced English
- R&D of Learning Programme

### SONAE Indústria – Maia (2005)

- Docent of Portuguese for Foreign Students
- R&D of Learning Programme

### Ùria & Menendez– Porto (2005)

- Docent of Portuguese for Foreign Students
- R&D of Learning Programme

### Instituto de Defesa Nacional – Lisbon (2005-2008)

- Researcher
- Lecturer

### Vila Galé Hotéis– Porto (2006 - 2010)

- Team building; Coaching and leadership Trainer

### Grupo Alexandre Almeida - Coimbra (2007 )

- Team building; Coaching and leadership Trainer

### Grupo FC Porto – Porto (2008- 2010)

- Team building; Coaching; Leadership and Management Trainer

### Faculdade de Ciências e Nutrição Alimentar da Universidade do Porto - Porto (2007- 2010)

- Pedagogical training of Trainers Trainers

## Translation and Interpretation Experience

### **City School – Porto (2005 - 2010)**

- Translator English/Portuguese/Italian/French/Spanish
- Interpreter English/Portuguese/Italian

### **Harvard University– Euro-Islam. Info (2006 - )**

Translation and research – Islam in Portugal and Spain: Portuguese/Spanish/English

### **Grupo FC Porto – Porto (2008 - 2010)**

- Translator English/Portuguese (site; daily news; official documents)
- Interpreter English/Portuguese (official meetings; matches; press conferences; UEFA games)

### **Fundação Ilídio Pinho – Porto (2008)**

- Translator Portuguese/English (site )

### **We Change - Porto (2008-2009)**

- Translator Portuguese/English (site; official documents )

### **Franco Vago - Porto (2008-2009)**

- Translator Portuguese/Italian/Portuguese (official documents)

### **Bee Action- Porto (2008-2009)**

- Translator English/Portuguese/Portuguese (official documents)

### **Norasil - - Porto (2008-2009)**

- Translator English/Portuguese/Portuguese (official documents)

### **Cosmos Viagens – Porto (2008-2009)**

- Translator English/Portuguese/Portuguese (official documents)

### **Faculdade de Ciências e Nutrição Alimentar da Universidade do Porto - Porto (2008-2010)**

- Translator English/Portuguese/Portuguese (official documents)
- Interpreter English/Portuguese (official meetings; conferences)

## National and International Conferences and Projects

**NATO Swordfish Air-Naval war Exercise – Portugal (2006), Observer**

**CASD-CESEDEN-CHEM-IDN C4 Summit Madrid (2006) - European Union and the Mediterranean Security , Lecturer**

**Rotary Clube de Penafiel – Portugal (2009) – The conflict between Israel and Palestinians, analysis of the military operation of December 2008.**

**Dutch National Defense Academy – The Netherlands (2008) – Emerging Technologies, Ethics and leadership, Lecturer**

**Turin University - Italy (2007) - Standing Group on International Relations in Europe – Making sense of a pluralist world, Lecturer.**

**Rádio Clube Português** – Portugal (2007) – Guest speaker and analyst of the Middle East conflict

**International Studies Association - Seventh International CISS Millennium**

**Conference** – Portugal (2007) - *Global Security and the re-configuration of the International system: vision and reality*, Lecturer

**Association of Israel Studies Conference** – Israel (2007) - *Israel as an Immigrant Society: Between the Melting Pot and Multiculturalism*, Lecturer

**University of Keele – Association for Legal and Social Philosophy** – UK

(2007) *Aliens and nations: Citizenship, Sovereignty and Global Politics in the 21<sup>st</sup> Century*, Lecturer

**American Political Science Association** – USA (2007) - *Bioterrorism – Are we ready?*, Lecturer

**University of Minho** – Portugal (2007) - *The balance in the regional power post-Iraq intervention*, Lecturer

**Portuguese Air Force Academy** - Portugal (2007)- *Terrorism, after the 09/11*, Lecturer

**Dutch National Defence Academy** – The Netherlands (2006) -*The moral dimension of asymmetrical warfare* – Lecturer

**National Publications:**

- *Palestine, the Promised Land – between Jews, Christians and Muslims*. Editora Prefácio, Lisboa, 2005.
- *Islam in Europe*. Editora Prefácio, Lisboa, 2006.

**International Publications:**

- *European Union and the Mediterranean Security CASD-CESEDEN-CHEM-IDN C4 Summit*, Madrid, 2006.

**Languages:**

**Portuguese** – Mother Tongue

- Proficient in **English** (written and spoken).
- Fluent in **French** (written and spoken).
- Fluent in **Italian** (written and spoken).
- Fluent in **Spanish** (written and spoken).
- Basic Knowledge of **German, Dutch, Arabic** and Sardinian Language

#### IT Knowledge

- Microsoft Windows and Office
- Macintosh
- Html

#### Further skills:

- Great acquaintanceship in many areas such as International History/Politics; Portuguese History, International Relations, International Law, Economics and General Culture.
- Analytical; composing and research skills
- Time management
- Public Communication
- Large and varied list of national and international contacts